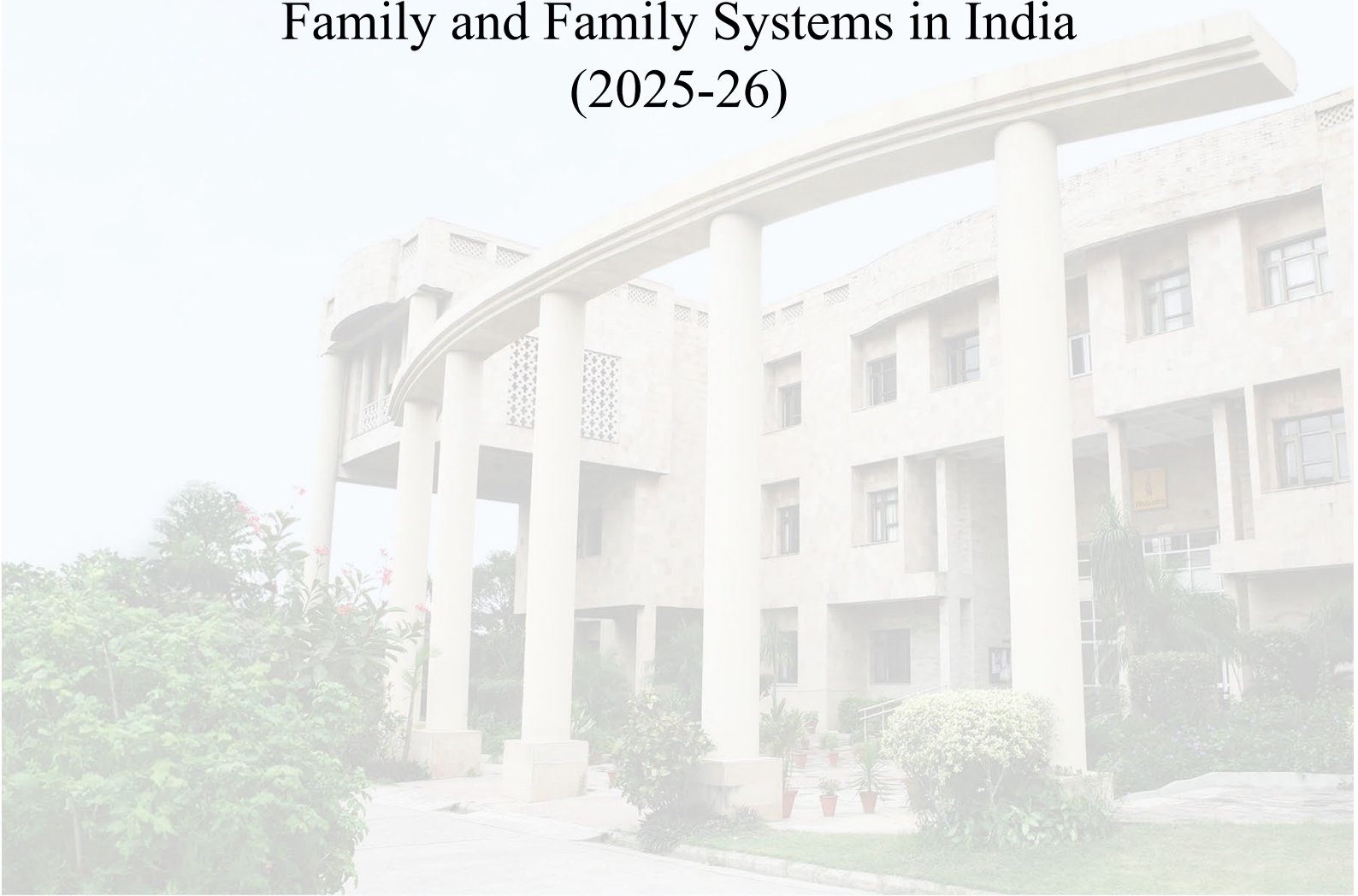




# Guidelines

Research Project Proposals on  
Family and Family Systems in India  
(2025-26)



# Indian Council of Social Science Research (ICSSR)

## Ministry of Education (MoE)

JNU Institutional Area, Aruna Asaf Ali Marg, New Delhi - 110067 (INDIA)

### 1. Introduction

1.1 *Kutumb Vyavastha* (family system) has been the mainstay of society in India that reflects in an array of values, ethics, privileges, practices, customs, rituals and duties, ensuring intrapersonal, interpersonal, communitarian, and societal cohesion through time and history. Family, in the nation, has not merely been understood as an economic or biological unit. Rooted in the principles of *purushartha chatustaya* (the four goals of life) and upheld through wider adoption of the knowledge texts such as *Rigveda*, *Itihasa-Purana*, *Brahmanas*, *Prasthanatrayi*, Tamil Sangam literature, and the rich and diverse oral and written socio-cultural works in all languages of Bharat, the concept and real-life experiences of family have been imbibed by Indians since time immemorial.

This discursive rupture of the Indian family systems by limiting them to economy and biology is purely ideological, but it has exerted significant influence, especially in the urban contexts, since the second half of the twentieth century. This has been possible due to a certain social authoritarianism of thought systems that came in the wake of the modernity and capitalism with colonial offshoots and ideological machinery of Western postcolonialism.

The social edifice of the family in the framework of the Indianness, however, is evidently complex constituted as it is by a sociology and anthropology of emotions, wisdom, care, adulation, devotion, sacrifice, and understanding. This edifice rests on socio-spiritual communities and institutions, mutual duties, *seva* (service), *shraddha* (reverence), and *pitṛiṛṇa* (ancestral debt).

The family in the Indian context acts as the first physical and psychological space of socialization, ethical experience, and community interdependence. The joint family system (*kutumb vyavastha*) is not merely a residential arrangement. It exists as an ecosystem of emotional reciprocity, economic resilience, intergenerational care, and value transmission. This system has been dynamic, adapting to the diverse ecological, regional, and cultural contexts across Bharat from matrilineal tribal families to spiritual-kinship ties in temple economies. Family system and values have sustained themselves across the age of invasions and the colonial period. During the colonial times, the individual-centric and consumerist Western ideas made an intervention in the social structure of Bharat with an implicit motive of creating a rift in indigenous models of family life.

In recent times, however, this deeply rooted system is going through remarkable transformation. Urbanization, globalization, technological advancement, economic mobility, education, legal reforms, and changing norms and roles are redefining familial roles and relationships. The tradition of respect for elders, caregiving across generations, and the moral education of children are under the strain of modern lifestyles and competitive work cultures. From multigenerational joint households to nuclear families, from matrilineal tribal communities to migrant labour households, family structures in India today are increasingly diverse and dynamic. The influence of global ideologies is reshaping conceptions of parenting, partnership, and domestic roles, especially among younger generations.

Recognizing this critical need, the Indian Council of Social Science Research (ICSSR) invites empirical research studies under the theme “Family and Family Systems in India,” to explore both the continuities and the transformations shaping family life across India.

- 1.2 This research call aims to bring together interdisciplinary, multidisciplinary and transdisciplinary researchers to examine the transitions, resilience, plurality and vulnerabilities of Indian families. It also seeks to recover and map indigenous theories and analytical categories for understanding family and family systems in India. The call prioritises empirical and primary data-based studies cutting across methodological approaches- drawing from ethnography, anthropology, cultural studies, historical studies, polity, law, psychology, sociology, demography, social technology etc., however, not limited to these. Theoretical studies with potential to develop original concepts and frameworks based on Indian literatures and social experience shall also be encouraged. Both qualitative and quantitative studies are invited across a broad range of issues to understand the challenges of developing relationships and family systems in the twenty-first century. Comparative studies integrating cross-national family research that reflect different cultural and social contexts are also encouraged.

- 1.3 Areas covered under this call include, but are not limited to:

#### **Philosophical and Cultural Foundations**

- Family as *Kutumba* and as a Socio-Spiritual Institution
- Philosophical Foundations of the Indian Family System
- The Role of *Dharma* and *Ashrama* in Shaping Family Life
- Family as a Medium of Cultural Continuity, Resistance, and Nation Building
- *Kutumb Prabodhan*: Reviving the Indian Family Ethos
- The Indian Family System as a Global Model
- Cultural Diplomacy through Indian Family Values

#### **Historical and Theoretical Perspectives**

- Theorisation of the Family in *Shruti-s* and *Smriti-s*
- Genealogy, Lineage, Succession, Inheritance, and Family Law

#### **Family Structures and Transformations**

- Joint, Nuclear, Extended, and Blended Families
- Rural, Urban, Transnational, and Migrant Families
- Transformation of Family Structures in Contemporary India
- Challenges to the Joint Family System
- Individualism and Its Impact on Indian Familial Bonds
- Cultural Variation in Family Structures

#### **Roles, Relationships, and Practices**

- Ethical and Social Values of the Joint Family System
- Intergenerational Relationships, Responsibility, and Value Transmission
- Parenthood, Parenting Practices, and Post-Separation Parenting
- Gender Dynamics and the Role of Women in Preserving Family Culture
- Family Rituals, Practices, and Symbolism
- Family and the Socialization of Children

#### **Family, Society, and Institutions**

- The Role of Social Institutions/Organisations in Strengthening the Family Systems
- Family and Religion
- Family and Work-Life Balance
- Technology and Family Life
- Mental Health, Loneliness, and the Need for Strong Families
- Family and Social Institutions/Organizations in Strengthening Family Bonds
- Geriatric Population and Family Support Systems (Elder Care Support Systems)
- Community Engagement and Grassroots Family Initiatives

#### Policy and Contemporary Concerns

- Family Policies, Interventions, and Welfare Frameworks
- Family, Identity, and Citizenship in Modern India

## 2. Eligibility

- 2.1 Researchers who are permanently employed or retired as faculty from UGC Recognized Indian Universities/Deemed to be Universities/ Affiliated Colleges/Institutions under (2)F or 12(B), ICSSR Research Institutes, ICSSR Recognised Institutes and Institutes of National Importance as defined by the Ministry of Education (MoE) are eligible to apply. Applicants from these institutions should have substantial research experience demonstrable through publications of books / research papers / reports. The Project Director and Co-Project Director must also hold a Ph.D. Degree.
- 2.2 In exceptional cases, independent researchers with Ph.D. degree who are not affiliated permanently with any institution mentioned in Clause 2.1 but have produced at least two sole-author books published by reputed publishers and/or 05 articles in peer-reviewed journals can also be considered as Co-Project Directors. Such scholars will be required to collaborate with a faculty from institutions given in 2.1 above.
- 2.3 Further, those researchers with PhD degrees who are in contractual appointment in academic/research institutions mentioned in Clause 2.1 and have produced at least two sole-author books published by reputed publishers and/or 05 articles in peer-reviewed journals may also apply as Co-Project Directors. In the event of their contract expiry, they may continue as Co-Project Directors until the completion of the project.
- 2.4 Senior and retired government and defence officers (having not less than 05 years of regular service) possessing a Ph. D. degree in any social science discipline and having produced at least two sole-author books published by reputed publishers and/or 05 articles in peer-reviewed journals can also apply as Co-Project Directors, in collaboration with a faculty from institutions given in 2.1 above.

## 3. How to Apply

- 3.1 Applicants must submit an online application, including the research proposal, annexures, and other required documents, in the prescribed format. **Any deviations from the application format will result in rejection. The application must be duly forwarded by the competent authorities of the affiliating institution.**
- 3.2 Research proposals should either be in English or Hindi. Arial/ Mangal Unicode (Devanagari) font should be used to fill Application form in Hindi.

- 3.3 Researchers may apply for only one project at a time. Multiple applications by the same applicant, including those submitted under modified names or with different titles, will result in rejection. For any ongoing or completed project with the ICSSR, the cooling-off period for applying to another project will be one year for the Project Director. The date of cooling period will be calculated from the date of submission of the final report. However, this will not be applicable for minor projects/short-term empirical research projects of duration equal to or less than 12 months. For ICSSR Research Institutes, the cooling period will not be applicable.
- 3.4 Applicants must ensure the **highest standards of research integrity**. All proposals will be subject to plagiarism and AI-content checks, and any plagiarised or unacknowledged AI-generated content will lead to rejection. The Project Director must submit an *Undertaking on Research Integrity* confirming the originality of the proposal and adherence to ethical research practices. In addition, the Ethical Committee/Internal Quality Assurance Cell (IQAC)/Research Development Committee of the affiliating institution must certify the same by issuing a duly signed *Plagiarism and AI Detection Report*, which should be attached at the time of submission.
- 3.5 Mandatory Documents to be Attached:
1. **Research Proposal** (in prescribed format)
  2. **Forwarding Letter** of the Affiliating Institution
  3. **UGC Certificate** of Recognition under 2(f) / 12(B) (for University/College/Institute)
  4. **Employment Certificate** of the Project Director (PD)
  5. **Ph.D. Certificates** of the PD
  6. **Ph.D. Certificates** of the Co-PD (if applicable)
  7. **Comprehensive CV** of the Project Director (PD)
  8. **Bio-data of Co-PD** (if applicable)
  9. **SC/ST/PwD Certificate** (if applicable)
  10. **Plagiarism & AI Detection Report** (issued and signed by Ethical Committee/IQAC/Research Development Committee, with software-generated report attached)

## 4. DURATION AND BUDGET

| Project Category | Duration  | Budget            |
|------------------|-----------|-------------------|
| Major            | 24 months | Up to ₹30.00 lakh |

## 5. PROCEDURE FOR AWARDS

- 5.1 The procedure for the award of the projects will be in multiple phases before the declaration of final results. All applications submitted to the ICSSR will be screened and evaluated by the expert committee following a blind review process. Shortlisted applicants shall be invited for interaction/presentation at ICSSR (in person or online).
- 5.2 The expert committee(s) shall make recommendation(s) for award of studies and also suggest the budget for the proposed studies after interaction with the shortlisted applicants. ICSSR reserves

the right, based on Expert opinion, to convert a proposal of a Major Research Project into a Minor Research Project or vice versa.

5.3 A merit list of selected candidates of Projects will be published on the ICSSR website.

5.4 Only the selected candidates and their affiliating universities shall be informed individually through a provisional award letter clearly specifying the formalities and documents required for joining the Project.

**5.5 Incomplete applications in any respect will not be considered.**

**5.6 No queries will be entertained by the ICSSR Secretariat/Division until the final declaration of results against the call. Any lobbying for award will lead to disqualification.**

## **6. BUDGET AND HEADS OF EXPENDITURE**

6.1 The amount will be disbursed in instalments, depending on the funds, phases and duration of the study, as indicated in the Award Letter.

6.2 The detailed budget estimates along with the proportionate Heads of Expenditure for these proposals are to be prepared by the Institute / Project Director / group of scholars.

6.3 Allocation of Heads of Expenditure

- A. The remuneration for the Research Staff must be according to the ICSSR guidelines.
- B. The proportionate allocation of expenditure for the budget heads such as Fieldwork (Travel / Logistics / Boarding, Survey Preparation or Consultancy etc.); Equipment and Study material (Computer, Printer, Source Material, Books, Journals, Software, Data Sets etc.), Workshop/Seminar/Publication and Contingency charges etc. shall be as per the ICSSR guidelines given below;

| Detailed budget breakup for the proposed allocation |   |                                       |
|---|---|---------------------------------------|
| S. No.  | Heads of Expenditure  | Value (Rs.)                           |
| 1.  | Research Staff: Full time/part time/Hired services  | Not exceeding 45% of the total budget |
| 2.  | Field work  | Not exceeding 35%                     |
| 3.  | Research Equipment and study material (Computer, Printer etc.)  | Not exceeding 10%                     |
| 4.  | Contingency   | Not exceeding 5%                      |
| 5.  | Workshop/ Seminar/Publication (This head of expenditure will be decided by the ICSSR depending upon the requirements of the project.) | Approx. 5%                            |
|   | <b>Grand Total</b>  | <b>100%</b>                           |

\*The project investigator may with the permission of the institution re-appropriate expenditure from one sub-head to another subject to a maximum of 10% of the particular budget heads. If



the study necessitates re-appropriation beyond 10% it may be done only after the approval of the ICSSR.

- C. Affiliating Institutional Overhead Charges @ 10% over and above on the awarded grant of the project, subject to a maximum limit of Rs.2, 00,000/- will be released by the ICSSR after successful completion of the project.

6.4 Project Staff shall be engaged/appointed as per the rules by the affiliating institution of the Project Director on a full/ part-time basis during the research work. The duration may be decided by the project director. The consolidated monthly remuneration/emoluments of the project staff must be according to the following guidelines:

| Project staff      | Monthly Remuneration / Emoluments | Qualifications   |
|--------------------|-----------------------------------|--|
| Research Associate | Rs. 47, 000/-                     | Post graduate in social science discipline (55% minimum) with NET /M.Phil. / Ph.D. and 2 years research experience as a Research Assistant in any Project. |
| Research Assistant | Rs. 37, 000/-                     | Post graduate in social science discipline (55% minimum) with NET /M.Phil. / Ph.D.   |
| Field Investigator | Rs. 20, 000/-                     | Post graduate in social science discipline with minimum 55% marks.   |

6.5 Selection of Research Staff should be done through an advertisement published on respective institute's website and a selection committee, duly approved by the Competent Authority of the institution, consisting of (1) Project Director; (2) One external subject Expert (from outside the institute where the project is located); (3) Dean of the faculty in case of University /Principal in case of college and (4) Head of the Department of the Project Director.

6.6 For all field work related expenses of Project Director, Co-Project Director(s) and project personnel, rules of affiliating institutes/universities shall be applied.

6.7 All equipment and books purchased out of the project fund shall be the property of the affiliating institution, and a detailed stock report duly signed by the Head of the Institute / Registrar / Principal has to be submitted to the ICSSR. However, ICSSR may ask for books and/ or equipment if it so requires.

## 7. JOINING AND RELEASE OF GRANTS

7.1 The Project Director has to join the project as per the date of commencement notified by the ICSSR by submitting the requisite documents such as an 'undertaking' on an Rs.100 stamp paper duly

verified by a notary, declaration in prescribed format on a Rs.100 stamp paper duly verified by a notary, Grant-in-Aid bill towards the first instalment on or before the given deadline and **Registration Mandate Form of PFMS Account of those affiliating / administering institutions, which have not linked their accounts to PFMS for ICSSR grant. The joining period can be extended only in exceptional circumstances up to a maximum of three months by the ICSSR. Failure to join the project within this stipulated period will result in the cancellation of the award.**

- 7.2 The total awarded grant for the Research Project will be released to the affiliating institution in instalments as indicated in the Award Letter/Sanction Order.
- 7.3 The Overhead Charges to the affiliating institution will be released after the acceptance of Final Report along with the receipt of the final audited Statement of Accounts and Utilisation Certificate in prescribed formats, which shall be verified by the ICSSR.
- 7.4 The Project Director will ensure that the expenditure incurred by him/her conforms to the approved budget heads and relevant rules. The Audited Statement of accounts with Utilization Certificate in form 12A of GFR is mandatory for the entire approved amount for the project.

## **8. MONITORING OF RESEARCH PROJECTS**

- 8.1 Research undertaken by a Project Director will be monitored through the submission of periodic progress reports in the prescribed format. The project may be discontinued/terminated if research progress is found unsatisfactory or if any ICSSR rules are violated. In such cases, the entire amount must be refunded with a 10% penal interest.
- 8.2 The scholar/awardee must acknowledge the support of ICSSR in all their publications resulting from the project output such as Research Papers, Journal Articles, and Articles in edited Books etc., and they must submit a copy of the same to the ICSSR during the course of or after completion of the project. In case of absence of acknowledgement by the scholars, they will be blacklisted and they will not be able to apply for any schemes of ICSSR in the future. Papers published in Conference/Seminar proceedings will not be considered as they are not peer reviewed. However, proceedings published by Scopus indexed / UGC care listed journals can be considered.
- 8.3 All project related queries will be addressed to the Project Director/ Affiliating Institution for their timely reply.
- 8.4 The ICSSR may, at any time, ask for verification of accounts and other relevant documents related to the Project.
- 8.5 The ICSSR reserves the right to change the affiliating institute if it is found that the affiliating institute is not co-operating with the scholar and it is not facilitating timely completion of the study.
- 8.6 Final report submitted by the Project Director is mandatorily evaluated by an Expert appointed by the ICSSR before considering the release of the final instalment.



- 8.7 The Project Director shall be personally responsible for the timely completion of the Project. The project proposal/final report cannot be submitted for the award of any University degree/diploma or funding by any institution by any member of the project staff, including the Project Director. However, ICSSR will have no objection if any member of the project staff utilizes the project data for research purpose, provided there are due acknowledgements to ICSSR.
- 8.8 If the researchers do not submit the requisite documents and the final report in time or the project is not completed in the stipulated period, the scholars will be blacklisted and the legal recourse will be initiated for recovery of released grant.
- 8.9 As per the directions of the Ministry of Education (MoE), the amount of grant sanctioned is to be utilized within the stipulated duration of the project. Any amount of the grant remaining unspent shall be refunded to the ICSSR immediately on expiry of the duration of the project. If the Project Director fails to utilize the grant for the purpose for which the same has been sanctioned/or fails to submit the audited statement of expenditure within the stipulated period, the he/she will be required to refund the amount of the grant with interest thereon @ 10% per annum.

## **9. COMPLETION OF THE STUDY**

- a. On completion of the study, the Project Director should submit:
- a) A soft copy of the Final Report must be submitted in both PDF and Word formats, with a minimum of 150 pages for Minor Projects and 250 pages for Major Projects;
  - b) A Softcopy of the abstract in 500 words in both PDF and word formats;
  - c) A Softcopy of the Executive Summary of the final report in 5000 words along with softcopy in both PDF and word formats;
  - d) Similarity index sheet (Plagiarism check) for the final report.
- b. If the expert suggests any changes in the reports at the time of evaluation, the Project Director shall incorporate the changes within stipulated time and should submit the following:
- a) Soft copy of modified final report in both PDF and word formats along with two hard copies;
  - b) Two hard copies of executive summary;
  - c) Softcopies of (if any) Data Sets, along with well-defined definition of data and other important information for documentation.
- c. ICSSR gets every report checked for plagiarism and the similarity report is also generated. As a policy, ICSSR does not accept reports having similarity beyond 10 per cent on similarity index. Scholars are required to get their final report checked from their affiliating institutions for similarity index and attach a certified report of the same at the time of submission.
- d. The final report submitted by the scholar will be considered as satisfactory only after final recommendation of acceptance by the expert appointed by the ICSSR.

## **10. OBLIGATIONS OF THE AFFILIATING INSTITUTION**

- a. The affiliating institution is required to give an undertaking in the prescribed format contained in the Application Form to administer and manage the ICSSR grant.
- b. It is also required to provide the requisite research infrastructure to the scholar and maintain proper accounts.
- c. **The affiliating institution shall open / maintain a dedicated bank account for ICSSR grant (Scheme Code-0877) that is duly registered at EAT Module of PFMS portal for release of the grant without any delay. This account should be retained for all projects awarded by ICSSR.**
- d. The affiliating institution will be under obligation to ensure submission of the final report and an Audited Statement of Accounts and Utilization Certificate, (in the prescribed Proforma GFR 12-A) duly certified by the competent authority of the institution including the refund of any unspent balance.
- e. The affiliating institution shall make suitable arrangements for preservation of data such as filled-in schedules, tabulation sheets, manuscripts, reports, etc. relating to the study. The ICSSR reserves the right to demand raw data, or such parts of the study as it deems fit.
- f. In case a Project Director leaves / discontinues the project before completion of the tenure, the affiliating institution shall inform ICSSR immediately and refund the entire amount with a penal interest @ 10% per annum. The unutilised funds pending with the institutions for all projects must be returned to the ICSSR immediately. In case the universities/ institutions do not abide by the rules of the ICSSR, they shall be blacklisted for applying in schemes of ICSSR in the future.
- g. In case a Project Director dies before the completion of the project, the affiliating institution shall immediately inform ICSSR by submitting a copy of the death certificate and settle the accounts immediately by expediting refund of any unspent balance.

## 11. OTHER CONDITIONS

- 11.1 The duration of the project includes the time for Final Report writing. In exceptional circumstances, if the ICSSR is satisfied with the progress of the work, including quality publications, an extension may be granted (up to three months for Minor Projects & up to six months for Major Projects) without any additional grant. In case, the extension is needed beyond the above-mentioned period, the matter will be put up to the competent authority of ICSSR for a decision. If the extension is required, the Project Director needs to request at least three months prior to the end of stipulated tenure for no-cost extension with a copy of the progress report and reasons for the delay with documentary evidence. Retrospective extension will not be permitted.
- 11.2 The contingency grant may be utilized for stationery, computer typing related costs, specialised assistance such as data analysis and consultation for field trip etc., related to the research work.
- 11.3 Defaulters of any previous fellowship/project/programme/grant of the ICSSR will not be eligible for consideration. No scholar will be allowed to take up a research project along with any ICSSR fellowship.

- 11.4 Foreign trip is not permissible within the awarded budget of a project. However, the Project Director may undertake data collection outside India in exceptional cases and if warranted by the needs of the proposal. For this he/she is required to apply separately for consideration under the Data Collection Scheme of the ICSSR International Collaboration Division. However, ICSSR will not be bound to support such data collection from abroad and the decision of the ICSSR will be final. In either case, the completion of study should not be consequent upon such data collection support.
- 11.5 Any request for additional grant in excess of the sanctioned budget will not be considered.
- 11.6 The procurement of equipment/assets for the research project is allowed only if it was originally proposed, does not surpass the permissible amount, and adheres to the regulations of the affiliating institution.
- 11.7 The project director cannot make any changes in the research design at any stage.
- 11.8 Regarding Transfer of a Project/Appointment of substitute Project Director:
- a) On the request from a university/institute, the ICSSR may permit the appointment of a Substitute Project Director in exceptional circumstances.
  - b) The ICSSR may also appoint a Substitute Project Director if it is convinced that the original awardee of the Project will not be in a position to carry out the study successfully.
  - c) The ICSSR may transfer the place of the Project from one affiliating institution to another subject to submission of the following:
    - Satisfactory progress report (s);
    - No objection certificate from both previous and the new university/institute;
    - Audited statement of account and utilization certificate along with unspent balance, if any.
    - However, no transfer of project / Project director should be requested in the last six months of the study.
  - d) Overhead charges will be apportioned proportionally among the institutes as per the grant released or as may be finally decided by the ICSSR.
  - e) In case of superannuation of Project Director and if the rules of the institution so require, the transfer of the project to a serving faculty member may be done with prior approval of the ICSSR. The credit of Project shall belong to the original Project Director.
- 11.9 Consideration under other call(s) would require a fresh proposal.
- 11.10 The Council reserves the right to reject any application without assigning any reason. It will not be responsible for any postal delays/loss.
- 11.11 Incomplete applications in any respect will not be considered.
- 11.12 The final authority related to the interpretation of these guidelines or any other issue is vested with the ICSSR.
- 11.13 No queries will be entertained by the ICSSR until the final declaration of results against a call. Any lobbying for award will lead to disqualification.

11.14 The ICSSR retains all rights to publish any project funded by it, contingent upon the recommendation by expert(s) appointed by ICSSR for publication. Copyright for the final report and outcomes of the project shall be held by ICSSR. Any publication or dissemination of research findings shall solely be at the discretion of ICSSR.

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